

Handwashing

Remember the extreme importance of handwashing as a means of reducing the spread of germs that can lead to illness and infection. Wear gloves when providing resident cares and use hand sanitizer frequently. If you have used hand sanitizer 3 times, it is time to **WASH** your hands again. Nails should be trim and cleaned thoroughly when washing hands. Sing the happy birthday song at a regular pace while washing and when finished your hands and nails should be well scrubbed and clean.